



## Mix, Match and Motivate: 107 Activities for Skills and Fitness

By Jeff Carpenter

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Mix, Match and Motivate: 107 Activities for Skills and Fitness, Jeff Carpenter, This book: -Presents activities that allow all students to succeed-Lets you mix and match activities to create varied daily lesson plans-Ensures that your students are meeting the NASPE standards for skill and fitness development-Includes an activity finder to make it easy to select activities that meet your students' needs"Mix, Match, and Motivate" helps you show elementary students that physical activity can be fun and meaningful. It shifts the emphasis away from competitive games in favor of activities that allow all students to succeed, ensuring maximum student involvement and a positive experience for all. These 107 activities take a developmentally appropriate approach to skill development and fitness. You'll be able to meet a range of individual needs while motivating kids to participate in lifelong physical activity and meeting the NASPE standards for skill and fitness development. The book has an easy-to-follow format that allows you to mix and match activities to create a multitude of fresh, new lessons to keep your students moving and learning. Chapter 1 provides straightforward, practical information on developing and implementing a program for maximum student...



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