



Real Life - Real Pain - Real Love - Insights into Therapy and Transference from a Patient's Perspective

By Mrs Judy Ann Sullivan

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Eight years have passed since that first appointment with her therapist. She never expected then that he would become the most important person in her life. In an easy to read format, the author shares with the Reader a true and intensely personal account of her therapy, transference and forced termination. It is the story of intense pain, great joy and the impact a therapist can have on his patients. This book, based on a real patient's experiences, delves deeply into the psyche of a client and attempts through essay, letters and poems to express the deep, intimate emotions a client feels during a strong therapeutic alliance and forced termination. Like a thought-provoking novel, these writings show the wide range and depth of feelings elicited through deeply intimate emotional exchanges over an 8 year period. When the author receives word her much loved and respected therapist will be leaving in a year and moving out of state, her world is shattered as her life begins to spiral out of control. When he does indeed depart, the grieving...

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