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## Inner Strength Defies the Skeptic: A Psychological and Spiritual Guide from Fear to Freedom

By Duane Campbell

Immediex Publishing, United States, 2006. Paperback. Book Condition: New. 211 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In Inner Strength Defies the Skeptic, author Duane Campbell combines philosophy, psychology, spirituality, and sociology to deliver a powerful message about cultivating and unleashing our inner strength, and challenging and conquering negative, counterproductive, and oppressive ideologies and conditioning perpetuated both in society and within us as individuals. Being true to yourself, being self-responsible, following the pathway of inner strength and spiritual development, living a life of integrity, achieving a greater sense of self worth, and empowering and enlightening yourself and society--these are components of the principles Campbell has modeled his own lifestyle on, and the message he has taught for years through his organization The Awareness Project. And now, in Inner Strength Defies the Skeptic, he shares his uplifting message with you and other readers around the globe, in a brief yet power packed mix of essays, aphorisms, and poetry.



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