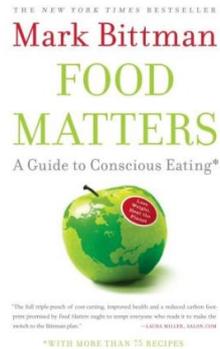


## Food Matters: A Guide to Conscious Eating with More Than 75 Recipes



### Book Review

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