



## Bench Rules: A Guide to Success on and Off the Bench

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By Kevin Christensen

Createspace, United States, 2011. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.BENCH RULES tells the inspirational story of Kevin Christensen, a former high school star, who finds himself banished to the end of the bench on his college basketball team. While navigating the turbulent emotions that come from being a little used reserve, he realizes the important role he plays on his team. Eventually, he finds joy and meaning in that role, and in doing so, he transforms his basketball career into a story of triumph against the odds. There have been many books praising the greatness of the select few, but BENCH RULES is a guide for the other guys. Accented by stories from his playing career, Christensen shows us ten different ways a person can contribute to a team without scoring a single point, or even playing a single minute, on game day. From superstar down through last player on the bench, the ideas in this book are valuable to everyone who desires to become the best player, teammate and person they can be. BENCH RULES is the blueprint for those who want to become champions both on and...



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