



Adult Coloring Book: Be Still and Color

By Majestic Expressions

Broadstreet Publishing, United States, 2016. Paperback. Book Condition: New. 178 x 136 mm. Language: English . Brand New Book. Life is full of demands. Appointments, deadlines, obligations, and constant digital chatter occupy every moment and build a mountain of unhealthy stress and tension. Research shows that colouring can be an effective stress reducer, but true rest and peace are found in God. Inspirational adult colouring books by Majestic Expressions incorporate these two ideas in one beautifully illustrated book. Spend some quiet time relaxing as you colour. Be refreshed and renewed as you meditate on God s Word. Watch each page come alive as you allow your creativity to flow freely, filling the intricate images with the beauty of colour. Take a break from your busy schedule and the stress that accompanies it. The worries of life can wait.



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Reviews

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- **Dr. Kadin Hane DVM**

This publication may be worth purchasing. it was actually writtern quite flawlessly and valuable. I am just happy to tell you that this is actually the very best book i actually have study inside my personal life and can be he best ebook for actually.

-- **Frank Nienow**