



The Grieving Time A Years Account of Recovery from Loss

By Anne M Brooks

Bunim & Bannigan Ltd. Paperback. Book Condition: New. Paperback. 76 pages. Dimensions: 7.8in. x 4.8in. x 0.4in. This slender; heartfelt book will linger in the mind and give comfort for a long time. --The New York Times Book Review More than 150, 000 copies of this modern classic have been sold. Anne Brooks looked desperately for something to read that would offer comfort after her husbands death. Finding nothing that moved her, she began a monthly journal about the deeply personal side of her loss, her loneliness, and her struggle to come to terms with her independence and her new self. The Grieving Time is a moving and comforting account of her recovery a book for grieving spouses, or for anyone facing the loss of a loved one through death or divorce. Many counselors, psychologists, social workers, health care providers, ministers, and hospice workers have found it to be one of the most helpful books in their libraries. I have rarely seen anything as direct and, in this way, as effective--Family Circle . . . captures in surprisingly few words the depth of her emotion--The Baltimore Sun Startling in its candor will linger in the mind--The Atlanta Constitution Deeply and personally...

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